

Local Businesses & Farms Helping the Environment!

Bulk Barn www.bulkbarn.ca and **Foodstuffs** www.foodstuffs.ca

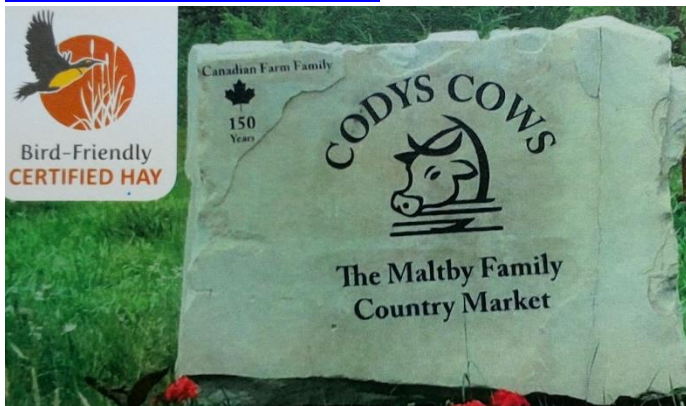
are a few of the local companies that sell alternatives to plastic products, especially single use plastics. They select products that use reduced packaging and also allow customers to fill their own containers.

In addition, Foodstuffs is trying to make sure that food waste and shipping waste is reduced by selling product off before best before dates greenbinning other food-waste and recycling, reusing or repurposing all shipping materials received with incoming orders, printing both sides, selling and using eco-friendly cleaning products... among other initiatives:)

Buy local and seasonal and avoid packaging at: Farmers Markets, Allison's Farm, The Hen House, Saliba Farms (Hwy 25), Andrews Scenic Acres, Trick's Creek Farm and Codys Cows.

Codys Cows

www.codyscows.com



Cody's Cows offers antibiotic and hormone-free beef, pork, chicken, turkey, lamb, goat and eggs.

Pre-Packaged some with brown (compostable) butcher paper.

Delivery or Pick-Up!

In 2014 won The Award of Distinction from the Credit Valley Conservation

for Stewardship and Commitment to Practice sustainable agriculture. For Every 20lb Box sold we will give 1lb of meat to the Local Food Bank, for every 40lb box sold we will give 3lbs of meat!

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The Hen House

Thehenhousefarmfresh@gmail.com



The Hen House offers weekly boxes of **veggies June to November** and **eggs year round**. No obligation to purchase every week, just order as you need.

Baskets are reused. They practice sustainable farming, putting back into the land what they take out and save seeds, use nothing synthetic and all produce is naturally grown!

Trick's Creek Farm

<https://www.trickscreekfarm.com>

100% Grass Fed Ontario Organic Beef from start to finish. – No feedlot – no corn – no soy – no drugs – just grass. Pre-Packaged, some with brown (compostable) butcher paper. Also **pasture raised turkey, chicken and eggs.** Raising them on grass in moveable pens. Pick up or delivery available. A primary goal is to improve soil health. Sequestering more carbon and increasing soil organic matter is critical to their viability by growing perennial, bio diverse, wildlife friendly pastures, not using synthetic fertilizers etc.

Red Rabbit Gardens

www.redrabbitgardens.com

Red Rabbit Gardens concentrates on growing healthy food & soil. With their 1.5 acre organic garden, small herd of pastured beef, rabbits and free range chickens, they provide healthy, local, and seasonal food to people. They provide bulk items, paper bags and select products that use reduced packaging. They encourage customers to bring their own containers and would like to provide large reusable bags next year.